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**Laser Hair Reduction**

*The Motus AY Laser is the world’s first FDA approved laser for virtually ‘pain-free’ hair reduction treatments*

*on all skin types.*

What to expect

* Most people only feel a gentle warming sensation or mild tingling sensation making the experience a highly comfortable one.
* Following your treatment, your skin may look pink in color, however most clients experience no redness or discomfort following their treatment. Occasionally, some clients will experience peri-follicular edema (PFE), which resembles small raise bumps. These should resolve within a few hours or by the next day for most clients.
* Throughout the course of treatment, the hair will slow in growth, change in color and texture, followed by reduction.
* Each session can eliminate between 10-20% of your hairs. With each session, you will see progressive improvement.
* Laser hair reduction is intended for those with black, dark brown or light brown hair. The laser light will typically not respond to grey, white, or red hairs.
* Average number of treatments can be 8-12. For some individuals, more treatments are necessary. Maintenance treatments can be expected.

Pre-Treatment

* Avoid sun exposure, tanning beds, and sunless tanner for at least 2-4 weeks.
* Shave the area the night before or day of your treatment. The cleaner the shave the better the results.
* Avoid waxing, tweezing, threading, or chemical removal of the hair, as well as bleaching, for 4 weeks.
* Discontinue photosensitizing and topical medications (AHA/BHA, hydroquinone, retinols/retinoid, Tazorac, Differin, etc.) to the area for approximately 1 week prior to treatment.

Post-Treatment

* Strictly avoid all sun/UV exposure to the treatment area for at least 1 week. Apply SPF 30+ to treatment areas when outdoors.
* Shaving and clipping are permitted. Avoid any other hair removal methods to the treatment area.
* Make-up, lotions, and other non-medicated products can be used immediately after.
* Please contact your provider if there is any excessive redness, signs of infection or blistering.
* To achieve the best results, complete the full treatment schedule at the intervals recommended by your provider.

Complications/Risks

* Crusting or Blistering
* Hyperpigmentation or hypopigmentation
* Bruising
* Punctate depressions or atrophic changes
* Dermatitis, pimples, or pustules
* Scarring

Exclusion Criteria

* Pregnancy
* Tanned, sunburned, peeling skin or sunless tanner in the treatment area
* Strong hypersensitivity to light or those taking photosensitizing medications/topicals
* Isotretinoin (Accutane) use within 6 months
* Compromised immune system or medical conditions that may affect wound healing
* Anticoagulant medications or heavy aspirin use
* Active infections in the treatment area
* Previous skin cancer or the presence or suspected pre-cancerous lesions in the treatment area
* Hypertrophic scar formation in the treatment area
* History of keloid scars
* Active cold sores, open lacerations, or abrasions in the treatment area
* Tattoo in the treatment area