****

**Subnovii – Advanced Plasma Technology**

*Plasma skin resurfacing is a non-surgical cosmetic treatment that reduces fine lines and wrinkles, diminishes scars, and tightens and tones the skin. Also known as “fibroblast therapy”, the Subnovii creates a plasma steam of ionized gas to stimulate tissue remodeling and the production of collagen. This results in natural rejuvenation for younger, tighter, and smoother looking skin.*

Pre-Treatment

* Avoid any kind of tanning (spray tans, sun tanning and tanning beds) for 4 weeks before your treatment.
* Avoid any other type of procedures on the same area you intend to have treated:
	+ No facial acids (Retin-A/Retinol, Salicylic or Glycolic acids) 2 weeks before or after.
	+ No Botox, Dysport, Kybella or dermal fillers 2 weeks before or after.
	+ No microneedling, laser, or peels 2 weeks before or after.
* No Accutane/Isotretinoin medication 6 months prior.
* No Aspirin or blood thinners for 1 week prior.

What to Expect

* The procedure will begin with an application of topical numbing cream to the treatment area. This will remain on the skin for approximately 30 – 60 minutes to ensure optimal comfort, however some discomfort may be felt as some areas on the body are more sensitive than others.
* Once the treatment area is numb, your skin will be prepped and the Subnovii fibroblast therapy will begin.
* During the procedure, our highly trained staff will use the Subnovii device to create micro-traumas to the skin’s epidermal layer (top layers) whilst simultaneously heating and disrupting the deeper dermal structure via thermal conduction.

Post - Treatment

* You may experience a “stinging” sensation in the treated area immediately after treatment. This is normal and it generally only lasts for about an hour.
* Immediately after the treatment the skin was treated with the *Subnovii Aftercare Cream* and the *Subnovii Downtime Reducer Powder*.
	+ *Subnovii Aftercare Cream* must be used for several days to ensure optimal healing and results.
* Each morning and evening (while the scabs are present) apply a VERY THIN layer of the *Subnovii Aftercare Cream*. Pat the cream on with clean fingers and do NOT rub in or use a sponge.
	+ Repeat this process if you feel that the skin requires moisturizing during the course of the day and again in the evening.
	+ *Subnovii Downtime Reducer Powder* should be used on top of the cream to absorb any excess moisture and keep the scabs dry.
		- Optimal results are only achieved by maintaining an undisturbed and DRY environment.
* If treatment is performed on your face and neck, we recommend you sleep on your back with your head elevated to reduce swelling. Swelling in common and will resolve with time.
* The area can be gently cleansed with a mild cleanser and cool water after 24 hours.
	+ Should the scabs become wet, do not rub. Use a hairdryer, set on cool, on the area until the crusts are dry. Apply Subnovii Aftercare Cream and Subnovii Downtime Reducer Powder directly afterwards.
* Expect redness, swelling, and inflammation for the first 1 to 5 days post-treatment.
	+ You may return to work the following day. However, you may not look your absolute best during the initial healing process (approximately 7 – 10 days).
* The skin beneath the scabs is sensitive. The pinkish color may last several weeks to months.
* When the scabs have fallen off, use a SPF +30 on the treated areas. Avoid extreme sun exposure for 3 months and UV rays and extreme low temperatures for 2 weeks. If the above instructions are not followed, pigment deviations and dark spots (hyperpigmentation) may occur.
* Depending on the desired results, more than one treatment may be necessary. Follow-up Subnovii treatments my only be performed 12 weeks after the previous treatment. Other facial treatments can be performed after 4 – 6 weeks.

AVOID the following:

* Sun, sweating, sauna and stream rooms until scabs are no longer present.
* Over cooling the treatment area. Cooling stops the tightening effect and could damage the tissue.
* Covering the area with occlusive dressing or any type of sunblock, make-up, creams, or any other products until the area has fully healed – besides the Subnovii aftercare products provided.
* Aspirin, ibuprofen, or any other anti-inflammatory medication.
* Picking crusts off as this will delay the healing process and could cause hyperpigmentation or scarring.
	+ They will begin to fall off on their own within 3 to 7 days. This may take longer for smokers or those taking certain medications
* Other laser or facial treatments for 4 – 6 weeks.

Complications/Risks

* Swelling
* Redness
* Bruising
* Change in skin color
* Crusting/ peeling of skin
* Scarring
* Infection

Exclusion Criteria:

* Autoimmune disease
* Keloid development
* Current antibiotic use
* Current use of aspirin or blood thinners within 1 week
* Accutane/Isotretinoin use within 6 months
* Radiation/Chemotherapy within the last 2-years
* Metal implants in the body in the vicinity of the area to be treated
* Pregnant or breastfeeding
* HIV, Hepatitis A, B, C, D, E, or F positive.
* Bone disease
* Cancer
* Fever or infectious disease
* Epilepsy
* Acute hear disease
* Operation within the last 2 weeks
* Pacemaker
* Glaucoma